

**Department of Diagnostic Imaging  
General Ultrasound Exam Preparations**

<b>Abdomen US:</b>	Includes: Liver, Pancreas, Kidneys, Gall Bladder, Spleen, Aorta, IVC NPO from 10:00 pm. Water only as long as no other test that day requires NPO. US to be done before barium studies or one week after barium.
<b>Limited Abdomen:</b>	Same prep as for Abdomen. Limited to quadrant or organ. Does not include Aorta.
<b>Amniocentesis:</b>	Do not void 30 minutes before scheduled exam, not other prep.
<b>Biophysical Profile:</b>	Do no void 30 minutes before scheduled exam.
<b>Bladder Pre and Post Void:</b>	Drink 32 oz. of water and finish one hour before schedule exam. Full bladder is needed - do not void.
<b>Fetal Ultrasound:</b>	<u>4-12 weeks</u> : No prep. Transvaginal imaging is performed. (Transvaginal pregnant uterus) <u>12 weeks to term</u> : No prep
<b>Hysterosonogram (SIS):</b>	Performed by a GYN. No prep.
<b>Infants:</b>	Hips and spine. No prep. Abdomen or Renal US – liquids okay. (Children should follow the Adult Prep).
<b>Neurosonogram:</b>	No prep
<b>Paracentesis/ Thoracentesis:</b>	<b>(If done in General Ultrasound)</b> No prep
<b>Pelvic US:</b>	Patients drink 32 oz. of water and finish one hour before scheduled exam. Full bladder
<b>Renal US:</b>	Drink 16 oz. of water prior to exam.
<b>Retroperitoneal:</b>	Complete Retroperitoneal: No prep Limited Retroperitoneal: NPO from 10:00 pm (L& D Renal, Aorta and IVC)
<b>US of the Soft Tissues:</b>	No prep
<b>Transvaginal imaging:</b>	Without transabdominal imaging. No prep
<b>Testicular US:</b>	No prep
<b>Thyroid:</b>	No prep

Ultrasounds are performed at the St. Joseph Hospital Monday – Friday 7:30 am – 4:00 pm  
Ultrasounds are performed at Milford Medical Center Tuesday – Friday various hours.